The north east has some of the highest rates of obesity in the country with 29 per cent of women and 25 per cent of men are obese. This graph shows the how the proportions vary by region, with the data shown for men and women combined.

|  |  |
| --- | --- |
| **Region** | **Total** |
| **East** | 22% |
| **East Midlands** | 23% |
| **London** | 18% |
| **North East** | 27% |
| **North West** | 23% |
| **South East** | 21% |
| **South West** | 24% |
| **West Midlands** | 25% |
| **Yorkshire and The Humber** | 25% |
|  |  |

Source: Health Survey for England